



**OPTIONS FOR LAWYERS WORKGROUP**  
**“Art of Encouragement”**  
**Embrace Change and Work More Effectively**

**Wednesday, February 15, 2012 at 12:15-1:30pm**

*This workshop will teach you how to combat discouraging beliefs. You will develop a new understanding of how to focus on inner strengths and resources so that values are honoured and strengths are mobilized. These techniques are valuable for motivating change and transforming resistance. This will be an experiential workshop in which you will learn and practice effective encouragement techniques. This workshop will be useful for managers. It will also be helpful to lawyers who want to be more self-encouraging.*

Options for Lawyers is a networking, education and support group for lawyers making job or career transitions and for lawyers wishing to examine their options both personally and professionally.

This group meets the **third Wednesday** of each month from 12:15PM to 1:30PM in Vancouver at the LAP office, 1080 Mainland Street, Suite 415.

For further information, please call the Lawyers Assistance Program at **604-685-2171** or just drop into a meeting.

This workshop will be **facilitated by Susan Burak, B.A., J.D., M.A.** who is a counsellor for the Lawyers Assistance Program. Susan practiced law for 22 years, taught both internationally and locally, and has successfully helped many Lawyers through difficult situations.